

# Grŵp Traws Bleidiol ar Iechyd Meddwl Cross Party Group on Mental Health

## Minutes of the last meeting

5 April 2017

8.15 – 9.30

Futures Gallery, Pierhead Building

IN ATTENDANCE:		
<b>David Rees AM</b> (Chair)	<b>DR</b>	Aberavon (Welsh Labour)
<b>Huw Irranca-Davies AM</b>	<b>HID</b>	Ogmore (Welsh Labour)
<b>Dr Dai Lloyd AM</b>	<b>DL</b>	South Wales West (Plaid Cymru)
<b>Angharad Thomas</b>	<b>AT</b>	AMSS David Rees AM
<b>Lewis Cole</b> (secretary)	<b>LC</b>	Gofal
<b>Rhiannon Hedge</b>	<b>RH</b>	Mind Cymru
<b>Ewan Hilton</b>	<b>EH</b>	Gofal
<b>Richard Jones</b>	<b>RJ</b>	Mental Health Matters Wales
<b>Manel Tippett</b>	<b>MT</b>	Royal College of Psychiatrists in Wales
<b>Steve Mulligan</b>	<b>SM</b>	BACP
<b>Jon Willey</b>	<b>JW</b>	Hafal

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<b>CPGMH/NAW5/04 - Welcome</b>	
<p><b>DR</b> welcomed attendees to the meeting of the Cross Party Group on Mental Health.</p> <p>Apologies were received from:</p> <ul style="list-style-type: none"> <li>• Simon Thomas AM</li> <li>• Neil Hamilton AM</li> <li>• Linda Newton, CAVAMH</li> <li>• Suzanne Duval, Diverse Cymru</li> <li>• Emma Harris, Samaritans</li> <li>• Bethan Jenkins AM</li> <li>• Sara Moseley, Mind Cymru</li> </ul>	
<b>CPGMH/NAW5/05 – Minutes of the last meeting</b>	
<p><b>APPROVED</b></p> <p>Minutes of the last meeting.</p>	
<b>CPGMH/NAW5/06 – Cross Party Group asks and key areas</b>	<b>Actions</b>
<p>Following the request from AM members of the Cross Party Group at the last meeting, WAMH members had identified some asks and key areas that the group wants to achieve by the next Assembly election. <b>EH</b> informed the group that two areas WAMH members had identified were:</p> <ul style="list-style-type: none"> <li>• Improving assessment and outcome data. Improved data collection on outcomes from mental health services can help identify what is working and if spend is having the desired effect, and a clear timetable on when we can expect to report on this is needed.</li> <li>• The need to separate dementia spend from the overall mental health spend. The amount of spend on dementia services is skewing the overall mental health spend so we are not seeing a true reflection in reporting.</li> </ul> <p><b>DR</b> thanked WAMH members for their contribution, and asked if members could put together these asks into a letter to be sent from the CPG to the Cabinet Secretary for Health. <b>DR</b> also spoke about the need for a mental health Assembly debate, with the aim of organising one this summer.</p>	<p><b>WAMH members</b> to put together key asks into letter.</p> <p><b>AMs</b> to organise an Assembly debate on mental health</p>
<b>CPGMH/NAW5/07 – Mind Cymru campaign activity</b>	<b>Actions</b>
<p><b>RH</b> updated the group on Mind’s current campaign activity, which involves research into primary and how well equipped primary care services and GP practice staff are to give the right support to people with mental health</p>	

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<p>problems.</p> <p>The report identified that by better equipping our primary care staff and by ensuring support is in place for their own mental health and wellbeing then there can be a positive impact across the health system. The full report can be found on <a href="#">the Mind website</a>.</p>	
<b>CPGMH/NAW5/08 – Hafal summer campaign activity</b>	<b>Actions</b>
<p><b>JW</b> talked about Hafal’s summer campaign, ‘Forces for Change’, which will highlight key issues relating to the needs of military and blue light service veterans and their families. The campaign will reach out, provide pathways and listen to ideas on improving support for veterans and hold events across all of the 22 counties in Wales, and will culminate in two reports on the issues, findings, service gaps and outcomes and the findings from people spoken to.</p> <p><b>DR</b> was glad this area was being recognised and <b>HID</b> identified that veteran organisations cannot provide day to day support – only when a veteran’s health is at crisis point.</p>	<p><b>Hafal</b> to update group with the findings and reports of the research.</p>
<b>CPGMH/NAW5/09 – The role of carers</b>	<b>Actions</b>
<p><b>JW</b> highlighted the important role of carers in supporting people with a mental health problem, and updated the group on findings that there hasn’t been a huge amount of difference in level of support since the launch of the Social Services and Wellbeing Act. This will form a secondary campaign for Hafal this summer.</p>	
<p><b>DR</b> thanked everyone for their attendance, and it was agreed that Cross Party Group meetings will move back to lunchtimes.</p>	